GUANGDONG HEALTHCARE, TRAVEL & LIVING GUIDE



I. ABOUT GUANGDONG PROVINCE

Guangdong Province is located in the southernmost part of the Chinese mainland. It has an average annual temperature of 22.3°C, abundant rainfall, and lush vegetation all year round. The capital of the province is Guangzhou, and major cities include Shenzhen, Zhuhai, Foshan, and Dongguan.

As a famous hometown of overseas Chinese in China, Guangdong maintains close ties with overseas communities and is building a high-level opening-up gateway hub through the development of the Guangdong-Hong Kong-Macao Greater Bay Area.

II. TRANSPORTATION

Guangdong has a developed transportation network with international and modern transportation hubs in all major cities, and convenient connections with Hong Kong and Macao.

AVIATION

GUANGZHOU BAIYUN INTERNATIONAL AIRPORT (IATA:CAN)

- Approximately 28 kilometers from the city center
- A 4F-class international airport and one of China's three major gateway composite hub airports
- Routes cover more than 90 international and regional destinations
- Airport express lines connect 13 cities including Guangzhou and Foshan, as well as counties such as Enping, Kaiping, Taishan, and Shunde
- Intercity trains and subway services are available



Service Hotline +86-20-96158

SHENZHEN BAO'AN INTERNATIONAL AIRPORT
(IATA: SZX)

- Approximately 32 kilometers from the city center
- A 4F-class international airport and an important international hub airport in the Pearl River Delta
- Airport terminals are available in Dongguan, Huizhou, Hong Kong, Macao, Zhongshan, Zhuhai, and Jiangmen
- Airport express lines connect these cities and Guangzhou



Service Hotline +86-755-23456789

ZHUHAI JINWAN AIRPORT
(IATA: ZUH)

- Approximately 32 kilometers from the city center
- A 4E-class domestic trunk airport and regional aviation hub
- Airport terminals are available in Zhuhai, Zhongshan, and Jiangmen
- Airport express lines connect these cities, Macao, and Hailing Island in Yangjiang

Service Hotline +86-756-7771111

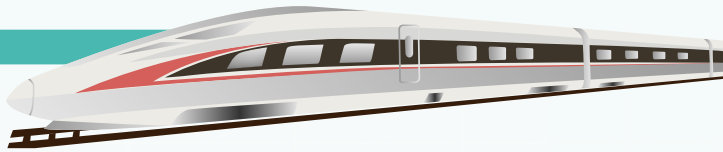


HONG KONG INTERNATIONAL AIRPORT
(IATA: HKG)

- Approximately 25 kilometers from the city center
- A 4F-class international airport and global aviation hub
- Served by about 140 airlines connecting more than 200 destinations worldwide
- **Official website:** www.hongkongairport.com



Service Hotline +852-21818888



TRANSPORTATION

TICKETING METHODS

Official website (general): https://www.12306.cn

Official website (Hong Kong): https://www.highspeed.mtr.com.hk

Official APP (general): 12306 APP

MAJOR RAILWAY STATIONS



GUANGZHOU STATION

- **Address:** 159 Huanshi West Road, Guangzhou, Guangdong Province
- **Service Hotline:** +86-20-61351038

GUANGZHOU SOUTH RAILWAY STATION

- **Address:** Nanzhan North Road, Panyu District, Guangzhou, Guangdong Province
- **Service Hotline:** +86-20-39267222

GUANGZHOU EAST RAILWAY STATION

- **Address:** 1 Dongzhan Road, Tianhe District, Guangzhou, Guangdong Province
- **Service Hotline:** +86-20-61346610

GUANGZHOU BAIYUN RAILWAY STATION

- **Address:** Baiyun District, Guangzhou, Guangdong Province
- **Service Hotline:** +86-20-61354484

SHENZHEN STATION

- **Address:** 1001 Jianshe Road, Luohu District, Shenzhen, Guangdong Province
- **Service Hotline:** +86-755-61382252

FUTIAN STATION

- **Address:** Intersection of Fuhua First Road and Yitian Road, Futian District, Shenzhen, Guangdong Province
- **Service Hotline:** +86-17727412306

HONG KONG WEST KOWLOON STATION

- **Address:** West Kowloon, Jordan, Hong Kong
- **Service Hotline:** +852-21200888

SEA PASSENGER FERRIES

HONG KONG MACAO FERRY TERMINAL

- **Address:** 3rd Floor, Shun Tak Centre, 200 Connaught Road Central, Sheung Wan, Hong Kong
- Serving destinations including Macao (Outer Harbour Terminal, Taipa Terminal) and multiple cities in Guangdong: Shenzhen Shekou, Zhuhai Jiuzhou Port, Zhongshan Port, Guangzhou Nansha Port, Pazhou Port

MACAO TAIPA FERRY TERMINAL

- **Address:** Avenida de Pac On, Taipa, Macao, adjacent to Macau International Airport
- High-speed ferry services to Hong Kong, Shenzhen, Zhuhai, Zhongshan, etc.
- Helicopter services between Hong Kong and Macao.

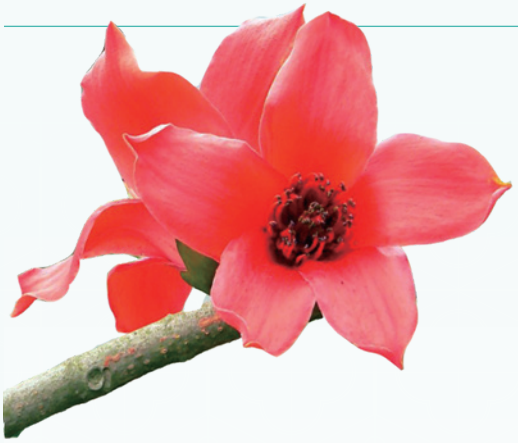
SHENZHEN SHEKOU CRUISE CENTER

- **Address:** 1 Haiyun Road, Nanshan District (Shenzhen International Cruise Homeport)
- Serving Zhuhai Jiuzhou Port, Zhuhai Hengqin, Macao Taipa/Outer Harbour, Hong Kong International Airport, Hong Kong Central, Guangzhou Pazhou, Zhongshan Port, etc.



GUANGZHOU PAZHOU HONG KONG-MACAO PASSENGER PORT

- **Address:** 499 Yuejiang Middle Road, Haizhu District, Guangzhou, adjacent to the Canton Fair Complex
- Serving Hong Kong International Airport and China Ferry Terminal



III. CLIMATE

Most parts of Guangdong Province have a subtropical monsoon climate, characterized by warm temperatures and abundant precipitation throughout the year. The rainy season is concentrated from April to September. Please prepare according to the seasons when traveling. The following suggestions are for your reference:

JANUARY-FEBRUARY

The weather is damp and cold, and there is generally no central heating indoors. Occasional cold waves may occur. It is recommended to use the "onion-style" layering method: wear warm clothes inside and a windproof jacket outside. A thick coat or thin down jacket may be needed.

MARCH-MAY

Warm and humid, with continuous spring rains. It is recommended to wear breathable outerwear and always carry rain gear.

JUNE-OCTOBER

A long hot summer with frequent afternoon thunderstorms. July to September is the typhoon season. It is recommended to wear light, quick-drying cotton and linen clothes, take sun protection measures (sunscreen, sun hats), carry an umbrella that can be used for both sun and rain, and pay attention to heatstroke prevention and hydration.

NOVEMBER-DECEMBER

Cool and dry with warm sunshine, suitable for outdoor activities. It is recommended to wear light long-sleeved shirts, thin knitwear, and add a light jacket in the morning and evening.

IV. CUISINE



CHINESE CUISINE: CLASSIC CANTONESE CUISINE

GUANGZHOU RESTAURANT (WENCHANG MAIN BRANCH)

- **Address:** 2 Wenchang South Road, Liwan District, Guangzhou

TAOTAOJU (DISHIFU ROAD BRANCH)

- **Address:** 1-5th Floor, 20 Dishifu Road, Liwan District, Guangzhou

WHITE SWAN HOTEL

- **Address:** 3rd Floor, White Swan Hotel, 1 Shamian South Street, Liwan District, Guangzhou (Shamian Island)

FANLOU (SHENZHEN HUAQIANG NORTH MAIN BRANCH)

- **Address:** 118 Zhenhua Road, Futian District, Shenzhen (next to Exit C of Huaqiang North Metro Station)

OFFICIAL FOOD GUIDE

You can scan the QR code below to directly access the official Guangdong Provincial Government website's compilation of specialty cuisines from various cities in the province for an authoritative list of food recommendations.

www.gd.gov.cn/zjgd/lnms/gzms/index.html

INTERNATIONAL CUISINE

1. WESTERN CUISINE

GUANGZHOU · MERCATO (K11 BRANCH)

- **Address:** 8th Floor, 802, K11 Art Mall, 6 Zhujiang East Road, Tianhe District, Guangzhou



2. SOUTHEAST ASIAN CUISINE

GUANGZHOU · LIAN VIET THAI CUISINE (TAIKOO HUI BRANCH)

- **Address:** L303, Taikoo Hui Shopping Mall, 383 Tianhe Road,Guangzhou

3. JAPANESE AND KOREAN CUISINE

GUANGZHOU · PLATINUM TORITAMA (ZHUJIANG NEW TOWN BRANCH)

- **Address:** L302, 3rd Floor, Yuehai Tiandi Mall, 21 Zhujiang West Road, Tianhe District, Guangzhou

4. AFRICAN CUISINE

GUANGZHOU · AFRICAN POT

- **Address:** 2nd Floor, 101 Guangyuan West Road, Yuexiu District, Guangzhou

5. ARABIC CUISINE

GUANGZHOU · ALMARAH ARABIC RESTAURANT

- **Address:** F3 Floor, Foreign Business Xintiandi, 293 Guangzhou Avenue Middle, Yuexiu District, Guangzhou

6. SPANISH CUISINE

GUANGZHOU · MEZOMD SPANISH RESTAURANT (GUANGYUE BRANCH)

- **Address:** B10101, Guangyue Tiandi, Zhujiang New Town, Tianhe District, Guangzhou

V. CULTURAL ATTRACTIONS

NANSHA TIANHOU PALACE

Located by the Pearl River Estuary and built against the mountain, it combines the architectural style of the Forbidden City in Beijing with the momentum of Sun Yat-sen Mausoleum in Nanjing. It is known as "the Number One Tianhou Palace in the World".

- **Address:** 88 Tianhou Road, Nansha District, Guangzhou







HUAISHENG MOSQUE

It was built during the Tang Dynasty and is one of the oldest existing relics with Arabic architectural style in China. The Guangta (Light Tower) in the mosque is well-known both locally and internationally, serving as a navigational, meteorological observation, and maritime lookout.

- **Address:** 56 Guangta Road, Yuexiu District, Guangzhou





CHEN CLAN ACADEMY (CHEN CLAN TEMPLE)

Built during the Guangxu reign of the Qing Dynasty, it is the largest, best-preserved, and most exquisitely decorated ancestral hall building in Guangdong. Known as the "Pearl of Lingnan Architectural Art", it now houses the Guangdong Folk Art Museum.

- **Address:** 34 Enlong Lane, Zhongshan Seventh Road, Liwan District, Guangzhou, Guangdong Province



CANTONESE OPERA ART MUSEUM

A thematic museum dedicated to protecting, inheriting, and promoting Cantonese opera art. The building is in Lingnan garden style, displaying the essence of Cantonese opera art to the public through exhibitions, stage performances, and cultural exchanges.

- **Address:** 127 Enning Road, Liwan District, Guangzhou







GUANGZHOU OVERSEAS CHINESE MUSEUM

As a thematic museum dedicated to the history of overseas Chinese, it is China's only overseas Chinese museum housed in a century-old building, showcasing the struggles, achievements and contributions of Guangfu overseas Chinese.

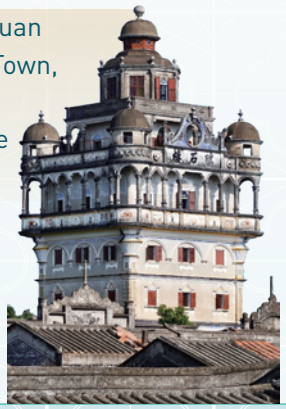
- **Address:** 183 Yanjiang West Road, Yuexiu District, Guangzhou



KAIPING DIAOLOU AND VILLAGES

A World Cultural Heritage site and a model of Chinese-Western integrated rural architecture. The exterior of the Kaiping Diaolou blends a variety of Western architectural styles, including ancient Greek, ancient Roman and Baroque styles, while the interior maintains traditional Chinese layout and decoration. Combining defense and residential functions, they uniquely reflect overseas Chinese culture.

- **Address:** Next to Liyuan Scenic Area, Tangkou Town, Kaiping City, Jiangmen (core area of Zili Village Diaolou Cluster)



赴粤就医旅游生活指引

一、广东省情



广东省地处中国大陆最南部，年平均气温 22.3℃，雨量充沛，四季草木葱茏。广州市是省会城市，主要大城市有深圳、珠海、佛山、东莞等。作为中国著名的侨乡，广东与海外联系密切，正依托粤港澳大湾区建设，建设高水平对外开放的门户枢纽。

二、交通

广东省内交通网络发达，主要城市均拥有国际化、现代化交通枢纽，与港澳联系也十分便捷。

航空



广州白云国际机场（IATA 代码 CAN）：

距市中心约 28 千米，航线覆盖超 90 个国家及地区，有机场快线通往广州、佛山等 13 个市及恩平、开平、台山、顺德等县（市、区），并设有城际列车、地铁等交通方式。

服务热线：+86-20-96158

深圳宝安国际机场（IATA 代码 SZX）

距市中心约 32 千米，在东莞、惠州、香港、澳门、中山、珠海、江门等城市设有候机楼，有机场快线通往以上城市及广州等地。

服务热线：+86-755-23456789

珠海金湾机场（IATA 代码 ZUH）

距市中心约 32 千米，在珠海、中山、江门等城市设有候机楼，有机场快线通往以上城市及澳门、阳江海陵岛。

服务热线：+86-756-7771111

香港国际机场（IATA 代码 HKG）

距市中心约 25 千米，由约 140 家航空公司提供服务，连通全球超过 200 个航点。

服务热线：+852-21818888

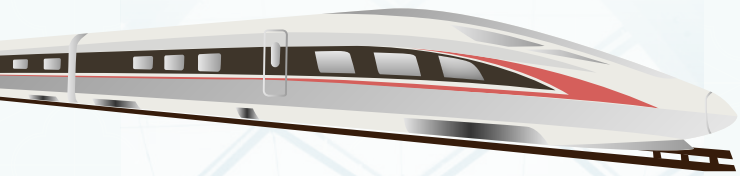


铁路交通

购票方式

官方网站：（通用）www.12306.cn
（香港）www.highspeed.mtr.com.hk

官方APP：（通用）12306 APP



主要火车站点

广州站
服务热线：+86-20-61351038

广州南站
服务热线：+86-20-39267222

广州东站
服务热线：+86-20-61346610

广州白云站
服务热线：+86-20-61354484

深圳站
服务热线：+86-755-61382252

福田站
服务热线：+86-17727412306

香港西九龙站
服务热线：+852-21200888

海上客轮

香港港澳客运码头

位于香港上环干诺道中 200 号信德中心三楼，可前往澳门（外港码头、氹仔码头）及广东省多个城市，包括深圳蛇口、珠海九洲港、中山港、广州南沙港、琶洲港等。

澳门氹仔客运码头

澳门氹仔北安大马路，毗邻澳门国际机场，提供往来香港、深圳、珠海、中山等市高速客轮服务，并配备直升机开通港澳空中航线。

深圳蛇口邮轮中心

即深圳国际邮轮母港，位于南山区海运路 1 号，可前往珠海九洲港、珠海横琴、澳门氹仔 / 外港、香港国际机场、香港中环、广州琶洲、中山港等。

广州琶洲港澳客运口岸

位于广州市海珠区阅江中路 499 号，毗邻广交会展馆，可前往香港国际机场及香港中港城码头。

三、气候



广东省大部分地区属亚热带季风气候，全年平均气温较高，降水量充沛，雨季集中在 4-9 月。出行需根据季节做好准备，以下建议供参考。

1-2 月 天气湿冷，且室内普遍无集中供暖，偶有寒潮。建议采用“洋葱式”叠穿法：内穿保暖衣物，外搭防风外套，可准备厚外套或薄羽绒服。

3-5 月 温暖潮湿，多连绵春雨，建议穿着透气外套，务必随身携带雨具。

6-10 月 漫长的炎夏，午后多雷阵雨，7-9 月为台风高发期。建议穿着轻薄、速干的棉麻衣物，必须做好防晒（防晒霜、遮阳帽）并携带晴雨伞，注意防暑补水。

11-12 月 凉爽干燥，阳光和煦，适合户外活动。建议穿着轻薄长袖、薄针织衫，早晚可加一件薄外套。

四、饮食

中华美食：经典粤菜

广州酒家（文昌总店）

地址：广州市荔湾区文昌南路 2 号

陶陶居（第十甫路店）

地址：广州市荔湾区第十甫路 20 号 1-5 层

白天鹅宾馆 · 玉堂春暖

地址：广州市荔湾区沙面南街一号白天鹅宾馆 3 层（沙面岛）

蘩楼（深圳华强北总店）

地址：深圳市福田区振华路 118 号（华强北地铁站 C 口旁）

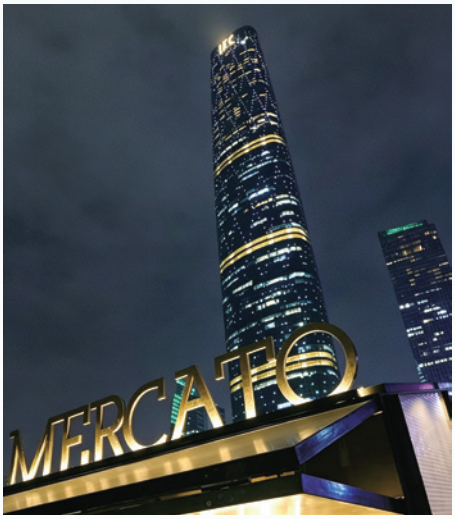


官方美食指南

您可以通过扫描以下二维码，直接访问广东省政府官方网站汇总的全省各地市特色美食页面，获取权威的美食推荐列表。

www.gd.gov.cn/zjgd/lnms/gzms/index.html

国际餐饮



1. 西餐

广州 · Mercato 莫卡多（K11 店）

地址：广州市天河区珠江东路 6 号 K11 购物艺术中心 8 楼 802 号

2. 东南亚菜

广州 · 尚莲 · 越泰料理（太古汇店）

地址：广州市天河路 383 号太古汇商场 L303

3. 日韩料理

广州 · 白金酉玉 Toritama（珠江新城店）

地址：广州市天河区珠江西路 21 号粤海天地商场 3 楼 L302

4. 非洲风味

广州 · 芯霏州餐饮 African Pot

地址：广州市越秀区广园西路 101 号二层

5. 阿拉伯风味

广州 · ALMARAH 阿尔马拉阿拉伯餐厅

地址：广州市越秀区广州大道中 293 号外商新天地 F3 层

6. 西班牙风味

广州 · MEZOMD 曼索蒂西班牙餐厅（广粤店）

地址：广州市天河区珠江新城广粤天地 B10101 铺

五、人文景观



南沙天后宫

濒临珠江出海口，依山而建，集北京故宫建筑风格与南京中山陵建筑气势于一体，被誉为“天下天后第一宫”。

地址：广州市南沙区天后路 88 号

怀圣寺

建于唐代，是中国现存最古老的具有阿拉伯建筑风格的遗迹之一。寺内的光塔驰名中外，还兼具导航、气象观测、海上瞭望等功能。

地址：广州市越秀区光塔路 56 号

陈家祠

建于清光绪年间，是广东现存规模最大、保存最完整、装饰最精美的祠堂式建筑，被誉为“岭南建筑艺术的明珠”，现为广东民间工艺博物馆。

地址：广州市荔湾区中山七路恩龙里 34 号

粤剧艺术博物馆

以保护、传承、弘扬粤剧艺术为主旨的专题性博物馆，建筑为岭南园林风格，通过陈列展览、舞台演出、文化交流等方式，向公众展示粤剧艺术的精髓。

地址：广州市荔湾区恩宁路 127 号

广州华侨博物馆

以华侨历史为主题的专题博物馆，是全国唯一一家利用百年老建筑建设的华侨专题博物馆，展示广府华侨华人的奋斗史和贡献。

地址：广州市越秀区沿江西路 183 号

开平碉楼与村落

世界文化遗产，中西合璧的乡土建筑典范。开平碉楼外观融合了古希腊、古罗马、巴洛克等多种西方建筑元素，内部则保持中式传统布局与装饰，集防卫、居住功能于一体，独特地反映了侨乡文化。

地址：江门市开平市塘口镇立园景区旁（自力村碉楼群核心区）

